# Friendship Heights Village Center



# Calendar of Events 2019

F E B R U R  $\mathbf{Y}$ 

SATURDAY **SUNDAY TUESDAY WEDNESDAY THURSDAY FRIDAY MONDAY** 

## Mark your children's calendars for our summer art camp

Our weeklong art camp for children returns Monday, June 24, through Friday, June 28.

Run by our curator Millie Shott, the camp offers children ages 6 to 12 a fun way to tap into their individual creativity. Children will complete a variety of art projects, ranging from painting to pottery, to printmaking and jewelry. The camp takes place from 9:30 a.m. to 1 p.m. daily at the Village Center.

Children must have completed kindergarten to qualify. The cost is \$250 per child. Sign up by March 1 and pay only \$225 per child. Please register in person at the Village Center to ensure a space. Call 301-656-2797 for details.

9:15 a.m.: Drop-In Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Balance. Movement and Memory 1 p.m.: Abstract Painting

8:15 a.m.: Walking Club 9:30 a.m.: Children's Photography 10:30 a.m.: Basic Photog-

raphy

9:10 a.m.: Yoga 9:30 a.m.–1 p.m.: Coffee and Sunday Papers

9:30 a.m.: Tai Chi Intro. 10 a.m.: Great Books 12:30 p.m.: Bridge Club 1 p.m.: Strength Training

8:15 a.m.: Walking Club 10 a.m.–12 p.m.: Village Playtime 12-4 p.m.: Blood Pressure

Screening 1 p.m.: Balance and Fall Prevention 1:30–3:30 p.m.: Painting

for Everyone 2-4 p.m.: Nurse Specialist 3–4 p.m.: Tea 7 p.m.: Mat Pilates

9:30 a.m.: Tai Chi Ongoing 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 12 p.m.: Chess 5:30 p.m.: Community **Advisory Committee** Meeting

8:15 a.m.: Walking Club 10:30 a.m.: Seated Yoga and Meditation 11 a.m.: Still Life and

Beyond 4-5:30 p.m.: Spanish Conversation

7 p.m.: Movie: The Old Man and the Gun

9:15 a.m.: Drop-In Tai Chi 10:30 a.m.: Balance, Movement and Memory 10:30 a.m.: Coffee and Current Events

1 p.m.: Abstract Painting 3 p.m.: Lip Print Reading

8:15 a.m.: Walking Club 9:30 a.m.: Children's Photography 10:30 a.m.: Basic Photography

9:10 a.m.: Yoga 9:30 a.m-1 p.m.: Coffee and Sunday Papers 11:30 a.m.-1:30 p.m.: Art Reception

9:30 a.m.: Tai Chi Intro. 10 a.m.: Great Books 12:30 p.m.: Bridge Club 1 p.m.: Strength Training 7:30 p.m.: FRIENDSHIP HEIGHTS COUNCIL **MEETING** 

8:15 a.m.: Walking Club 10 a.m: Village Playtime: Music with Marsha Goodman-Wood 11 a.m.: Village Book

Club 12-4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Fall

Prevention 1:30 p.m.: Painting for Everyone

2-4 p.m.: Nurse Specialist 3–4 p.m.: Speech Therapy 7 p.m.: Mat Pilates

9:30 a.m.: Tai Chi Ongoing 10:15 a.m.: Yiddish

11 a.m.: All in the Eyes 11 a.m.: Chair Exercise 12 p.m. : Chess 1 p.m.: All in the Eyes 1 p.m.: Suburban Lecture: Heart Health

7 p.m.: Concert: Karen Lovejoy sings Nat King Cole

8:15 a.m.: Walking Club 10:30 a.m.: Seated Yoga and Meditation

11 a.m.: Still Life and Beyond 4-5:30 p.m.: Spanish Con-

versation 7 p.m.: Movie: The War of the Roses

9:15 a.m.: Drop-In Tai Chi 10:30 a.m.: Coffee and Current Events 1 p.m.: Abstract Painting

8:15 a.m.: Walking Club 9:30 a.m.: Children's Photography 10:30 a.m.: Basic Photography

9:10 a.m.: Yoga 9:30 a.m.-1 p.m.: Coffee and Sunday Papers

9:30 a.m.: Tai Chi Intro. 10 a.m.: Great Books President's Day Center closes at 2 p.m. Shuttle runs on a weekend schedule

8:15 a.m.: Walking Club 10 a.m.–12 p.m.: Village Playtime 12-4 p.m.: Blood Pressure

Screening 2–4 p.m.: Nurse Specialist 3–4 p.m.: Tea

ing 10:15 a.m.: Yiddish 12 p.m. : Chess 1 p.m.: Matthew Losack of Renters Alliance 7 p.m.: College Options for Creative Students

9:30 a.m.: Tai Chi Ongo-

8:15 a.m.: Walking Club 11 a.m.: Still Life and Beyond

12 p.m. Vision **Resources Lunch** and Learn

4-5:30 p.m.: Spanish Conversation 7 p.m.: Movie: Boy Erased

9 a.m.: Depart for American Craft Show 9:15 a.m.: Drop-In Tai Chi 10:30 a.m.: Balance, Movement and

Memory 10:30 a.m.: Coffee and Current Events 1 p.m.: Abstract Painting

8:15 a.m.: Walking Club 9:30 a.m.: Children's Photography 10:30 a.m.: Basic Photography

9:10 a.m.: Yoga 9:30 a.m.-1 p.m.: Coffee and Sunday Papers -6:30 p.m.: Mardi Gras Party with the Dixie Power Trio

9:30 a.m.: Tai Chi Intro. 10 a.m.: Great Books 10 a.m.-2 p.m.: MVA Mobile Office 12:30 p.m.: Bridge Club 1 p.m.: Strength Training

8:15 a.m.: Walking Club 10 a.m: Village Playtime: Music with Marsha Goodman-Wood 12-4 p.m.: Blood Pressure

Screening 2-4 p.m.: Nurse Specialist 3–4 p.m: Tea 7 p.m.: Mat Pilates

9:30 a.m.: Tai Chi Ongo-

10:15 a.m.:Yiddish 12 p.m.: Chess 1 p.m.: All in the Eyes 7 p.m.: Concert: Black History Month

Goodwin

program with Leigh

8:15 a.m.: Walking Club 11 a.m.: Still Life and Beyond

4-5:30 p.m.: Spanish Con-7 p.m.: Movie: A Quiet

Place



#### **Shuttle bus hours**



Monday through Friday Saturday and Sunday

6:40 a.m. to 9:40 p.m. 8 a.m. to 7 p.m.

# **Village Center Hours**

Monday through Thursday 9 a.m. to 9 p.m. Friday 9 a.m. to 5 p.m. Saturday and Sunday 9 a.m. to 2 p.m.

### **Family Conversations with Older Drivers**

The AARP Driver Safety program will sponsor a free series of three talks designed to give families practical tips and advice on determining when it's time for their loved ones to hang up the keys. The one-hour talks address three main topics: the meaning of driving; observing driving skills; and planning conversations.

The talks will take place at the Village Center at 10 a.m. on three consecutive Thursdays: March 14, March 21 and March 28.

Registration is required. Please call the Village Center at 301-656-2797 to sign up.



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